

Name: Heena Sahi (MPT PEADS)

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Contact Number : 9953202794

Professional Title/Occupation: Pediatric physiotherapist, Autism Intervention Therapist , Expressive Art Therapist

Organisation: “Verbocity” –Language building and Social Communication , Lifeskill training therapy services for children with additional needs

Address of Organisation/Practice:

Teletherapeutic Services ,Gurugram, Haryana 122002

Professional Qualifications:

Masters in Pediatric Physiotherapy (Gold Medalist)
Certificate in Art Therapy

Courses undertaken in Play Therapy:

Play Therapy for Children with Special Needs (ongoing)

Details of any other relevant qualifications/courses taken in the field:

Fellowship in Pediatric rehabilitation by London academy of sports sciences

Diploma in art therapy by renaissance life therapies

Certificate in Dyslexia Therapy

Certified Reiki Master and Color Therapy

Level 1 Certificate in BACH Flower Therapy

Certificate In NLP

Pursuing Certificate IV in Education Support (Brisbane Australia)

Currently undergoing supervision in current practice:

Ages catered for: Ages 18 months to 35 years

Services offered:

occupational therapy, pediatric physiotherapy, movement therapy, art therapy, language and communication , play therapy, sound healing and color therapy

Personal Profile:

Heena Sahi is a Pediatric physiotherapist and an autism intervention therapist for past 6 years. She heads her own rehabilitation services for Pediatric therapy by the name “ Verbocity “. She is a certified Reiki master and also a certified Expressive Art and color therapist . She is also a BACH flower therapy Level 1 practitioner. She has effectively contributed her professional skills in the society and provided wholesome and exemplary rehabilitation to adults and kids in need. She follows her passion to recreate lives of anyone with diverse and additional needs in mental and body health. She has been practising art therapy for past 3 n half years and this is one thing she loves to do for herself too and gives her immense contentment. She says ”I love to work with children because of an undying passion and admiration towards them “children”. It has brought me a long way and I have also ventured into co-ed teaching and I w a s a l s o a shadow aide for children with unique needs in well known school for past 4 years time span. I am quite observant person and this has helped me to intervene young teenage boys and girls to let out their anxious and stressful bubbles through means of art and color therapy skills. This has also been achieved through my immense knowledge on art and play therapy skills.